



One Hour Workshops

Coaching Skills Masterclass

## Verbal Aikido & Goal Alignment

**Verbal Aikido is the martial art of communication;**

A verbal Aikido master learns how to use the energy of the other person to move closer to the goal; uses questions to lead conversations into a non-confrontational direction; and uses the thinking structure of goal alignment to formulate approaches

*Using case study examples and practical experience sessions, this one hour Masterclass demonstrates both how the concept works and how it can be applied in workplace situations.*

**Attendees will learn;**

- How to effectively blend difficult communication rather than clash
- How to consistently lead communication rather than respond
- How to use structured thinking rather than issue-driven thinking

**By the close of the session attendees will demonstrate;**

- An improvement in the quality of their thinking
- An improvement in their ability to deal with confrontational situations
- An improvement in personal awareness

